# Rossford Jr-Sr High B-line Menu

### **Daily Fruit Choices**

We offer a variety of fruit choices daily. JHS students may choose one and HS students may choose two. Fruit choices may include but are not limited to some of the following:

Apple
Banana
Grapes
Oranges
Applesauce Cup
Juice Cup
Peach Cup
Pear Cup
Pineapple Cup

## **Bulldog Cafe**

## Daily Entrée Choices:

Chicken Patty Sandwich
Spicy Chicken Sandwich
Hamburger
Cheeseburger
PB&J Sandwich
Ham & Cheese Sandwich
Pepperoni, Cheese, or Buffalo
Chicken Pizza
Anytimer Lunch Kit

### **Daily Vegetable Choices**

We offer a variety of vegetable choices daily. They are ½ Cup Servings. Students may choose two. Vegetable choices may include but are not limited to some of the following:

Salad with Dressing
Cucumber Slices
Broccoli with Ranch
Cauliflower with Ranch
Cauliflower with Ranch
Salsa Cup
Carrot Sticks
Celery Sticks
Baked Potato with Butter and
Sour Cream

#### **FYI**

Adult Meal price is \$4.80 and includes Water or Milk

Free and reduced applications are available in our building offices or on-line at our website. You may also apply on-line at

www.linqconnect.com

You can reach Food Service at: 419-661-2832

## Important Info.

Smart Snack Standards are a Federal requirement for all foods sold outside the National School Lunch Program and School Breakfast Program. Any food and beverage sold to students at schools during the school day must meet the Smart Snack Standards. (the school day is defined as the midnight before to 30 minutes after the end of the school day)

Elementary and Junior High Students may only purchase the following beverages: Water, Unflavored or flavored fat-free milk, unflavored lowfat milk, and milk alternatives, and 100% fruit or vegetable juice, with or without carbonation.

## **SNACK SHACK**

Here are a few of the alacarte items that are available in the JR-SR High Snack Shack

Bottled Water Small	\$ .50	
Bottled Water Large	\$1.00	
Bottled Juice	\$1.50	
Switch	\$1.50	
The following beverages are		
for High School Students		
only:		

Arizona Tea	\$1.00
Fruit 2 O	\$1.25
Gatorade	\$1.25
Sparkling Ice	\$2.00
Chips Fruit Snacks Rice Krispie Treat Zee Zee Bars Fruit Roll-Up Beef Stick Pop-Tarts	\$ .75 \$ .75 \$1.00 \$1.00 \$ .50 \$1.00 \$1.25